


















August 17th- We're Going on a Picnic

Reading	Activities (Fine Motor, Counting, life skills)	Gross Motor/ Movement	Crafts
<p>Use the following link to read "Ants Everywhere!" https://www.myon.com/reader/index.html?a=rke Antever Ask your child, "Why did the girls keep moving their picnic blanket? Would you be bothered seeing ants at your picnic?"</p>	 <p><i>Materials: paper plates, construction paper, paint, coloring items, single hole punch *see bottom for alterations with hole punch</i></p> <p>To create watermelon slices you can either. 1) Have your child paint a paper plate red/ green then cut into "Slices" or use red/ green construction paper to create slices</p> <p>Number slices 1-5 (or higher depending on your child's number recognition) and make small seeds to correspond with the number. Have your child identify the number on the slice then using the hole punch to punch out each seed while counting. Your child may need help to put enough pressure on the hole punch. In lieu of a whole bunch, you can also have your child match beans/ seeds on top of each drawn seed, have them draw the corresponding number on each slice, or use paint to create a thumbprint seed.</p>	<p>Listen to "The Ants go Marching" https://www.youtube.com/watch?v=Pjw2A3QU8Qg</p> <p>"The Five Hungry Ants" https://www.youtube.com/watch?v=zoyTo_ICWj0</p> <p>Encourage your child to march along, go "down to the ground," and count along with the song.</p>	 <p><i>Materials: old magazines/ grocery ads, kid friendly scissors, glue, construction paper</i></p> <p>Begin by working with your child to create a picnic blanket (either gluing squares onto the paper or coloring in sections to create the checkered pattern). Next, work with your child to go through old magazines or grocery circulars to find pictures of foods they would want to bring on a picnic. Help your child practice their cutting by trying to cut out the pictures independently or with a little help then glue them onto the picnic blanket.</p>
<p>Use the following link to listen to "We're Going on a Picnic." https://www.youtube.com/watch?v=W_JOreALg</p> <p>Ask your child "What happened to all of the food in the basket? Were you surprised that no one noticed the food being taken out?"</p>	 <p><i>Materials: child tweezers/ small tongs/ spoon, pom poms or similar size material to scoop, small plates/ cups, stuffed animals</i></p> <p>Have your child set out a picnic blanket and place settings for 3-4 of their dolls or stuffed animals. Next, place pom poms (or other small item) in different containers. Have your child serve each of their "guests" by scooping or using the tongs to move the pom poms from the containers to the plates. Regardless of the tool, they should try to move the "food" without touching it with their hands. Encourage your child to pretend that each container has a different food. They can "ask" how much of each item their guest would like. In lieu of pom poms, you can also use dry cereal, beans, pasta, or play food.</p>	<p>Encourage imaginative play by having your child host a family picnic. Work together to think of a fun picnic spot (park, yard, or even your living room). Have them create a menu and gather the items needed for a picnic. You can use real food or play food with toy guests. Have your child set up the blanket, place settings, and create games for the guests to play.</p>	 <p><i>Materials: play food, foil pieces</i></p> <p>Students will be practicing both gross and fine motor skills in this activity. Begin by cutting small pieces of foil that are big enough for small pieces of play food. Have your child practice folding the foil to wrap the play food as though they are taking it on a picnic. Encourage them to work carefully so they don't rip the foil and cover the item completely. Afterwards, hide their foiled food items and have a timed scavenger hunt to see how many pieces can be found in a designated time. To extend the activity, have your child guess what food item is inside based on what shape it looks like.</p>
<p>Use the following link to listen to "A Perfect Picnic" https://www.youtube.com/watch?v=hzCf4TOK7go&t=15s As you are listening, pause the video and talk about/ draw or write what unexpected things happened at the picnic. At the end of the story ask, 'how did Bert make the friends feel better about the picnic?'</p>	<p>Have your child help you prepare food for a picnic lunch. Use plastic cutlery and simple food tasks to get your child involved then spread out a blanket in the living room to enjoy your "picnic lunch."</p> <ul style="list-style-type: none"> • Use a plastic knife to spread PBJ • Use a spoon to scoop yogurt for yogurt and berries • Use a plastic knife to cut softer foods like bananas, slices of bread, • Spread a favorite spread on crackers • Scoop out the inside of an avocado • Mix sauce into pasta/ cheese into mac and cheese 	<p>Listen to the "Teddy Bears Picnic" https://www.youtube.com/watch?v=nAnXOwjKw-A Have your child pretend they are a bear heading to the picnic. How would they walk? What would they bring?</p>	 <p><i>Materials: construction paper, scissors, paint, coloring items, glue</i></p> <p>Begin by creating a picnic blanket. You can do this by cutting red/ white squares for your child to glue onto construction paper OR draw an outline of a picnic blanket and have your child color it in. If drawing, make the boxes larger to encourage your child to color within the lines. You can also add a dot of color in the box so they can match it. Next, use black paint to have your child dip a finger in and create ants. Have them make 3 fingerprints next to each other. Afterwards they can add legs/ antennae . Cut out the ants and add to your picnic blanket. You can also work with your child to add a caption "Ants at a Picnic."</p>

August 24th- Summer Weather

Reading	Activities (Fine Motor, following directions)	Gross Motor/ Movement	Crafts
<p>Use the following link to read "Minnie's Rainbow"</p> <p>https://www.myon.com/reader/index.html?a=m3_dis1b_minnirainbow</p> <p>As you are reading about each color, have your child find something in the room that matches the color being described.</p>	<p><i>Materials: construction paper, scissors, glue, coloring items</i></p>  <p>Begin by drawing an outline of a rainbow on a white piece of paper. Give your child pieces of construction paper and have them cut out small squares. This will be more manageable for them if you cut the paper into smaller strips first. Once they have cut all the colors, have them assemble the rainbow by finding and gluing corresponding colors onto each section to create a mosaic picture.</p>	<p><i>Materials: construction paper, scissors, coloring items, painters tape</i></p>  <p>Cut out circles in rainbow colors. Write a letter on each circle and then tape in a rainbow shape on the floor. For an added challenge, write lowercase letters. To play, have your child hop from letter to letter and make the sound of the letter as they "travel the rainbow." You can also have them run to the letter that makes a sound you give them or have them think of a word that makes the same sound as the letter they are standing on. This game can also be created outside using sidewalk chalk.</p>	<p><i>Materials: small cups, white vinegar, food coloring, baking soda, easy to clean surface</i></p>  <p>Set up cups on an easy to clean surface or outdoors. Fill the cups halfway with vinegar and then add drops of food coloring for the desired color in the rainbow. After it is set up, have your child add baking soda (1-2 tsp.) and watch the colors fizz and mix. Talk about different colors that are made as they are fizzing. You can also explain why this reaction occurs (carbon dioxide (a gas) is created when vinegar (an acid) is mixed with baking soda (a base)).</p>
<p>Use the following link to learn about lightning</p> <p>https://www.myon.com/reader/index.html?a=wb_light_f11</p> <p>As you are reading, have your child take a look at the different types of lightning in the illustrations. How do they look different? How do they match their names?</p>	<p><i>Materials: thin cardboard (i.e. cereal/snack box), hole punch, screwdriver, yarn/ string, paint</i></p>  <p>Begin by having your child paint the cardboard as a sky then outline clouds for them to paint. Next, make holes in the cardboard. For holes along the outer edges, a hole punch will reach but for the interior sections, a screwdriver/ pen/pencil can carefully be used to make the holes. For children with short attention spans, make less holes. Once the holes are ready, have your child lace a piece of yarn or string through the holes to create a raindrop look on the cardboard.</p>	<p>Have your child listen to sounds of rain/thunder such as the link below https://www.youtube.com/watch?v=nDq6Tst_dEi8 or have them imagine what a thunderstorm sounds like then encourage them to make their own sounds/instruments or use toys to replicate the sounds. Once they have recreated the thunder sounds, encourage them to create dance motions they think would go with a thunderstorm.</p>	<p><i>Materials: paint, construction paper, scissors, glue</i></p>  <p>Begin by having your child mix colors to create "storm cloud" colors. You can guide them in choosing colors or let them decide what they think the storm cloud will look like. Have them color an entire paper as a storm cloud. Encourage them to try a swirling motion as they paint to create a cloudlike texture. Cut out raindrops and lightning bolts (or have your child cut them after you draw them). Then have your child add them to their picture once the paint is dry to create their own thunderstorm.</p>
<p>Use the following link to read "Today is a Hot Day"</p> <p>https://www.myon.com/reader/index.html?a=wwt_hot_s17</p> <p>Have your child draw a picture of how they can say safe and cool on a hot day.</p>	<p><i>Materials: paper plate, yellow paint, yellow pipe cleaner, yellow/orange straws (or thin tube pasta)</i> <i>Optional: hole punch, decorating materials</i></p>  <p>Begin by taking a yellow paper plate or having your child paint a plate yellow and use a hole punch to make holes around the outer edge. Attach a yellow pipe cleaner to each. Cut straws into smaller pieces and have your child thread them onto the pipe cleaners. You can also use beads or uncooked tube pasta in place of straws. Afterwards, have your child decorate the center of the sun in whatever way they would like.</p>	<p>Dance and sing along to these summer sun songs</p> <p>Fun in the Sun https://www.youtube.com/watch?v=ErV-leYjDGO</p> <p>Soak up the Sun https://www.youtube.com/watch?v=yUcWNz4YXIA</p> <p>Head, Shoulders, Knees, and Toes https://www.youtube.com/watch?v=-oBC6-7osw</p>	<p><i>Materials: construction paper, scissors, glue</i></p>  <p>Begin by cutting out a yellow circle and orange sun rays. You can also trace these and have your child cut them out. Before making your sun, work with your child to count the sun rays you have. Have them predict if this will be enough to go around the whole sun then have your child place them around the sun. Cut more if needed to go all the way around then glue. Afterwards, count all the sun rays used to complete the sun. To extend the activity you can also help your child write the corresponding number next to the sun ray or complete the sentence "I see ___ sun rays." You can also use different color sun rays and have your child specify how many of each color there is</p>

September 3- Back to School --For practice wearing a mask, choose a fun and distracting activity OR a preferred activity for your child (i.e. screen time).While they are completing this activity, have them wear a mask. Do this with each fun or preferred activity to help your child develop tolerance for wearing it AND to help them understand they can still do fun things with a mask on.

Reading	Activities (Fine Motor, name/ letter recognition, life skills)	Gross Motor/ Movement	Crafts
<p>Use the following link to listen to "I Got the School Spirit" https://www.youtube.com/watch?v=wO8PJZDwRTI As you are listening, pause the video and encourage your child to say the sound words in the book. There are also opportunities to talk about things that might be different from the book (hugging, sharing food at lunch). Talk about ways to greet friends</p>	 <p><i>Materials: construction paper, dot stickers/labels</i> In this activity, students will be practicing the letters in their name On pieces of construction paper, write each letter of your child's name and hang on a wall or place on a flat surface. Have your child identify that this is their name and which letters are in their name. On a sheet of dot stickers, write the letter of your child's name. Be sure to write different letters on different colors and to mix up the order of the letters. Have your child match the letters on the stickers to the pieces of construction paper. For an added challenge, you can also mix in lowercase letters.</p>	<p><i>Materials: construction paper, scissors, marker</i> Cut construction paper into medium size squares and write alphabet letters on each. Place one of each letter on the floor (you can also do this outside with chalk). Play some fun music and periodically pause the music to say a letter. Have your child run and stand on the letter you called. To make the game more challenging, you can hold up a card with a lowercase letter for your child to match or say a word to have your child match the beginning sound. While playing, students can listen to the</p>	<p>Help your child practice wearing a mask by getting them involved in making their own masks. You can also have them make a matching mask for a stuffed animal doll. As they play with the doll or stuffed animal, encourage your child to fix their toy's mask when necessary to help them practice the proper way to wear a mask. The following link provides steps for a "no sew mask." You can also use a sewing machine to create these masks.</p> <p>https://www.parents.com/health/how-to-make-coronavirus-protective-face-masks-with-your-kids/</p>
<p>Use the following link to listen to "The Pigeon Has to Go to School" https://www.youtube.com/watch?v=Uo3PnlQWxAs As you are watching, pause the video and ask your child why the pigeon is nervous about going to school. Can your child think of any advice to make the pigeon feel better?</p>	 <p><i>Materials: construction paper, kid friendly scissors, coloring items</i> Begin by drawing a portrait style (head and shoulders) person. Next cut out "hair," and have your child glue it to the top of the head. To cut out the hair, create individual strips that are still attached at the base (see picture). Make sure the "hair" is above the top of your base paper. Explain to your child they need to give this student a haircut before school resumes. Help your child trim each "strand" of hair. Encourage them to work slowly and carefully to give an even haircut. You can also add a mask to your student to replicate current times.</p>	<p><i>Materials: tape measure, painter's tape/ chalk</i> Begin by talking to your child about the importance of giving everyone space. Use a non-threatening phrase like "in our own bubble" so your child is aware but not worried. Mark off 6 feet using a tape measure. Older children can help by finding the 6 on the tape measure. Use painter's tape or chalk to put a starting line and a finish line 6 feet away. Have your child guess how many jumps it will take for them to reach 6 feet then they can try to reach the finish in as few jumps as possible. You can repeat this with frog jumps, bunny hops, skips, etc. for your child to visualize 6 feet.</p>	 <p><i>Materials: large popsicle sticks, small popsicle sticks (or cardboard), construction paper, child's picture, scissors, glue, paint, coloring items</i> Use 3 large popsicle sticks to glue together for the bottom of the bus. Help your child cut out circles from construction paper to make the bus wheels. Once the bottom of the bus is dry, use 5 small popsicle sticks to create windows and a roof by gluing the ends to the bottom of the bus. When this is dry, help your child cut out pictures of their head (and siblings) to add to the windows of the bus. If you do not have popsicle sticks, you can cut the whole thing out of construction paper and have your child color/paint it.</p>
<p>Use the following link to listen to "Today I feel Silly" https://www.youtube.com/watch?v=JofkgL7CY5A As you are listening, pause the video after each emotion is described. Have your child mimic the facial expressions they see for each emotion. You can also ask them "what makes you _____?" and have them give examples of what makes them feel happy, sad, etc.</p>	 <p><i>Materials: paper, scissors, coloring items, glue</i> Begin by drawing simple handwashing pictures. Have your child color them and then talk about what is happening in each picture. Have your child cut out the pictures and then work together to put them in order then have your child glue them to construction paper. Bring it over to the sink and read it to your child as they wash their hands to practice proper handwashing</p>	<p>Use the following songs to remind your child about different hygiene and social distancing practices they will need for school <i>Social Distancing Everyday</i> https://www.youtube.com/watch?v=lpmKWPQuSRU <i>Greet from 6 Feet</i> https://www.youtube.com/watch?v=uZmajkrTj6A Have your child dance along and practice new waves to greet their friends.</p>	 <p><i>Materials: construction paper, scissors, glue/ tape</i> Begin by cutting out a bus shape from yellow construction paper or cut it from white paper to have your child color it. Cut out black windows and wheels then have your child glue them onto the bus. Cut out different color strips of paper (give your child safe scissors to try to cut out some of the strips). Create a chain by making loops out of the paper strips and attaching them with tape. Make enough strips for the number of days before school starts and each day help your child take off a strip to countdown for the first day of school.</p>

