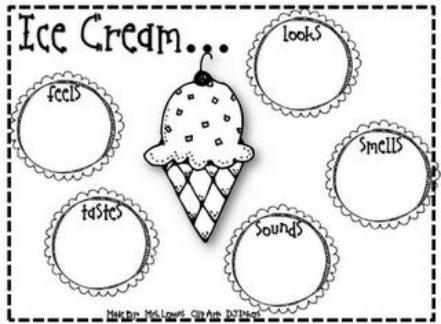
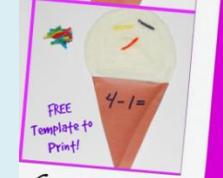


Gr. K-1 Week 1- Welcome Summer

| Reading | Writing | Math | Get Moving | Arts and Activities |
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| <p>Use the following link to read "Katie Woo: Best Season Ever" https://www.myon.com/reader/index.html?a=kw_besea_s10</p> <p>Is summer your favorite season? Which season is your favorite?</p> | <p>Write a list of your favorite seasons from your favorite (#1) to least favorite (#4). Why is #1 your favorite?</p> | <p>What is today's temperature? Write it down and then find the temperate in another state. Use <, > or = to compare the numbers. Pick 2 other states/cities to compare the temperature to. Finally, order the 4 temperatures from least to greatest.</p> |  <p><i>Materials: paint chips, household items, timer</i></p> <p>Give your child a paint sample chip and have them find items in the house to match each color on the sample. Have them try to match the colors as closely as possible. For an added challenge, time the activity and see how many matches they can get in a specified time. In lieu of paint chips, use crayons to match.</p> |  <p><i>Materials: ice cube tray, popsicle sticks, food coloring, water</i></p> <p>Fill an ice cube tray with water then add dots of food coloring. Mix different primary colors (i.e. red and blue) to make many different colors. Place in the freezer for at least 4 hours. Once frozen, pop the cubes out of the tray and get ready to paint. Cover the surface below your paper with old cardboard or newspaper as the food dye can stain.</p> |
| <p>Use the following link to read "The Tall, Tall Slide" https://www.myon.com/reader/index.html?a=rr_tslid_f05</p> <p>Why did Tina decide to go down the slide? What does this show you about being kind to others?</p> | <p>Draw a picture and describe your favorite way (or place) to cool off during the summer.</p> |  <p><i>Materials: lego/ connecting blocks, hanger, string, household items</i></p> <p>In this activity, students will be estimating the weight of household items. Use a hanger to hang on a doorknob to act as a scale. Tie equal length pieces of yarn/ string/ribbon on each side. On one side attach a household item then have your child estimate how many lego bricks are the same weight as the item. You can also have your child hold the items to estimate the weights. Have your child add bricks until both sides hang equally to measure the weight.</p> | <p>Take an alphabet walk. Bring a clipboard or pad of paper and write down how many different letters you see. You can also set this up as a tally chart to practice counting tally marks. For an added challenge, see how many words you can make with the letters when you get home.</p> |  <p><i>Materials: squirt gun (or spray bottle), washable paint or watercolors, paper (Optional: easel)</i></p> <p>This messy but fun activity, replaces a paintbrush with a squirt gun. You can use a small squirt gun from the dollar store or grocery store or a spray bottle. Thin out washable paint with water for 50/50 paint/water and add to the squirt gun or bottle. If using a squirt gun, a funnel will definitely help getting the paint in. Hang a large piece of paper (or several small pieces) on an easel or tack them to a tree/ wall/ shed. Have your child paint by squirting water at the paper. Talk about the different colors that are mixing on the paper. Lay the paper in the sun to dry and hose off anything else that was painted.</p> |
| <p>Use the following link to read "The Summer Playground" https://www.myon.com/reader/index.html?a=cr_summe_f08</p> <p>Draw a picture and write a description of the problem and solution in the story.</p> | <p>What are your favorite foods to eat in the summer? Are there certain foods you eat only in the summer or more often in the summer? Draw pictures and describe the items.</p> | <p>Practice counting and adding with watermelon. The next time you get a watermelon, have your child estimate the number of seeds that will be inside and write down their estimate. As the watermelon gets eaten, have your child record the number of seeds found in each slice (this may take a few days). When the watermelon is finished, compare their estimate with the actual number of seeds.</p> | <p><i>Materials: sidewalk chalk, ball</i></p> <p>Draw chalk circles on the ground. Inside each circle write a number- select a number based on your child's age and math skills. Give your child a math fact that matches a number in the circles. Have your child throw the ball into the circle with the matching answer (i.e. 7+5, your child throws a ball into the "12" circle). You can change the numbers in the circles as the game progresses.</p> |  <p><i>Materials: wooden skewer/ dowel, pipe cleaner, beads</i></p> <p>To make your own bubble wand, begin by having your child thread beads onto a pipe cleaner. Create a loop at one end of the pipe cleaner so the beads cannot fall off. Encourage them to make a pattern/ use different colors and then talk about what kind of design they are making. Bend the pipe cleaner into a circle and then wrap it around the skewer to secure it. If you have strong glue or a glue gun, use it to strengthen the connection to the skewer. Your bubble wand is ready to make bubbles. Check out this link for two DIY bubble recipes.</p> <p>https://www.diynetwork.com/how-to/make-and-decorate/crafts/the-two-best-homemade-soap-bubble-recipes</p> |

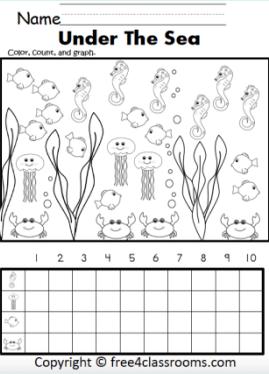
Gr. K-1 Week 2- Ice Cream

| Reading | Writing | Math | Get Moving | Arts and Activities |
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| <p>Use the following link to listen to "Gorilla Loves Vanilla." Afterward, draw a picture of your favorite ice cream and write a caption to explain what it is. https://www.youtube.com/watch?v=Pv_f6lqtVT8</p> | <p>Invent a new ice cream flavor. Write a description of what would be in the ice cream and how it would taste.</p> | <p>Pick a number from 1-20. Think of as many ways as you can to reach that number. Example: $15...10+5=15$, $9+6=15$. Make a list of all the number sentences that you thought of. Challenge a family member to think of as many as you did.</p> | <p>Estimate how many skips it will take to get to different areas in your home. Select a location (i.e. from your kitchen table to your couch) and write down your prediction then test it out to see how close you were. Repeat with different distances.</p> |  <p>ice cream cone sponge painting</p> <p><i>Materials: cotton balls, sponge, scissors, paint, paper</i> Cut a sponge into a triangle shape to make a cone stamp. Have your child dip the sponge into paint and then stamp on the paper to make the cone. Next, have your child use a cotton ball to dip into the paint and make their ice cream scoops. Using the cotton ball gives the scoop a nice texture.</p> |
| <p>Use the following link to listen to "Splat the Cat: Scream for Ice Cream" then draw pictures/write sentences to show what happened in the story. Put the pictures in order from beginning to end. https://www.youtube.com/watch?v=JJ0Eu4U1BUs</p> |  <p>Describe ice cream using your five senses. You can draw a picture like the one above or write in sentences to explain all about ice cream.</p> |  <p><i>Materials: construction paper, coloring items</i> Begin by cutting cone shapes from brown construction paper and writing a math problem on them. Choose a problem based on your child's math comfort level. Draw outlines of ice cream scoops on white paper. Have your child color the ice cream scoop then solve the math problem and add sprinkles to match the answer. For example, $4-1$ would be 3 sprinkles drawn.</p> | <p>Freeze Dance Use one of the following links to play different ice cream songs. Have your child dance while the music is playing and then freeze when the music stops. Model this activity with dramatic freezes so they remember to stop with the music. https://www.youtube.com/watch?v=d3mIUjn8dsQ https://www.youtube.com/watch?v=gcxkvh8wxbk</p> |  <p><i>Materials: Elmer's glue, shaving cream, food coloring or paint, cardboard</i> To make puffy paint, mix shaving cream with glue until you make "stiff peaks" then add food coloring or a bit of paint for color. Cut out a triangle from cardboard then use your puffy paint to make the ice cream scoops. This paint will dry puffy to make a fun, textured picture.</p> |
| <p>Use the following link to listen to "Should I Share My Ice Cream?" https://www.youtube.com/watch?v=Y4TD6lnW0gY Pretend you are trying to help him decide whether or not to share the ice cream. Write a pro/con list of why he should or should not share then write what you would do.</p> | <p>Explain the steps you would take to make an ice cream sundae. Use the words "first, next, last, finally" to show the order of the steps. Draw a picture with each step.</p> | <p>Use the following link to listen to a fun scooping song. Guess the answers of the addition problems before they are shown in the video. Afterwards, draw ice cream scoop math sentences of your own https://www.youtube.com/watch?v=F8NwPqVGE-Y</p> | <p>Minute to Win It Pick 2-3 activities such as jumping jacks, arm circles, frog hops, etc. Have your child make a prediction about how many they can do in a minute. Set a timer for a minute and see how close they get to their prediction.</p> | <p><i>Materials: playdoh, buttons, beads, paper, dried beans, pompoms, etc.</i> Encourage imaginative play by setting up an "ice cream" shop using playdoh. Use different colored playdoh as the ice cream flavors and craft items for the toppings, have your child create different ice cream flavors and sundaes. You can also use a piece of cardstock or construction paper to roll up as a cone. Give your child kitchen utensils to pretend that they are really scooping and serving ice cream.</p> |

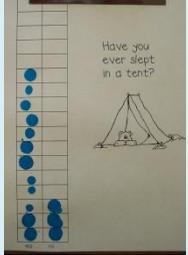
Gr. K-1 Week 3- At the Beach

| Reading | Writing | Math | Get Moving | Arts and Activities |
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| <p>Use the following link to read "The Beach Trip" https://www.myon.com/reader/index.html?a=sm_btrip_f16</p> <p>How did Sofia help make the trip fun?</p> | <p>Describe your idea of the perfect day at the beach. What activities would you do? Who would you go with and where would you go?</p> |  <p>Play the math game "strike it Out" by drawing a number line with numbers 0-20. Player 1 crosses out 2 numbers and then circles the sum or difference of the numbers. Example: cross out 2 and 4 (2+4) and circle 6. Player 2 must then use the circled number (6) to start their turn. The goal is to continue crossing out numbers until a player cannot make any more equations. The last player to make an equation wins.</p> | <p>Use sidewalk chalk to play a rotating drawing game. Draw a four square grid and have each "player" stand by a section (you can play with as few as two people). Play a song and walk around the square, until the music is paused. When the music pauses, stop at the square in front of you and draw something in the box or add onto an existing drawing. Continue to stop and draw in different boxes until you have completed all the boxes. You can also do this indoors with 4 sheets of paper.</p> |  <p>Use the following link to print the beach rhyming words sheet or create your own by drawing simple pictures. Have your child say each word and then identify the match by circling the word. Encourage your child to think of more beach related words and then work together to come up with a rhyming word to match. https://www.scribd.com/document/95008776/Beach-Rhyming-Words</p> |
| <p>Use the following link to read "Beach Bummer" https://www.myon.com/reader/index.html?a=pp_bebum_s14</p> <p>What problems did Poppy face at the beach? How did the day get better?</p> | <p>Write steps explaining how to get ready to go to the beach. What do you need to pack?</p> |  <p>Play a game of hopscotch but with a more challenging twist such as: -an extra long game that goes to 50 -skip counting by 5s -skip counting by 10s Add extra boxes or numbers so that your child has to choose the correct numbers to hop on.</p> |  <p>Have a crab walk challenge. Begin by introducing your child to crab walking (sit on your bottom with hands behind you, push up so you're off the ground then get moving) then have them try to complete different activities while doing the crab walk such as a crab walk race, going to a designated spot in the room and see how fast you can get there, crab walking with something balanced on the stomach, stay in a crab position and lift a leg (or arm) up, try to hold for 10 seconds.</p> |  <p><i>Materials: construction paper, salt, liquid glue, watercolors or watered down food coloring</i> Begin by drawing an outline of a jellyfish or other beach creature. Help your child use the liquid glue to go over the outline. While the glue is still wet, have your child sprinkle salt over the outline and gently shake off the excess. Dip a paintbrush into the liquid paint/ watercolor then gently touch it to the salt. Watch as the color spreads across the salt. Continue with different colors until the outline is covered. Make sure your child is gently touching the paintbrush to the salt/ glue so it doesn't smear.</p> |
| <p>Use the following link to listen to "Scaredy Squirrel at the Beach" https://www.youtube.com/watch?v=uA06E83Kt2w then draw a picture and write a sentence to tell what happens in the beginning, middle, and end of the story.</p> | <p>Use your five senses to describe going to the beach. What do you see, hear, taste, smell, and touch? Draw a small picture and write a caption for each sense. You can also use pictures from one of the books you read to help give you ideas.</p> | <p><i>Materials: a deck of cards with face cards removed (ace =1)</i> To play "I Spy" lay out three rows of cards face up. The number of cards in each row will depend on your child's math level. Start with 2-3 cards in each row (6-10 cards to begin). Give your child a clue using the cards and have them find the cards that match the clue. For example, "I spy two cards that make 10." Once your child identifies the cards, you can remove them. The round is complete when you run out of cards. To make the game more challenging, add more cards to each row or incorporate the face cards for double digits.</p> | <p>Use the following link to listen to "The Pirate's Life" https://family.gonoodle.com/activities/the-pirate-life Encourage your child to dance / sing along to the song.</p> |  <p><i>Materials: plastic spoon, yarn/ribbon or fabric pieces, permanent marker, tape, construction paper, glue, scissors</i> To make your own mermaid, begin by marking the areas to wrap the yarn for her tail/ shirt. Use the yarn to wrap around the bottom of the spoon to create a shirt. Leave a little space then wrap a different color for the tail. Secure the ends using a bit of tape or a hot glue gun. To make the tail at the end, cut a tail shape from either construction paper or a piece of fabric and attach to the bottom. Help your child draw a face with permanent marker and add hair to complete</p> |

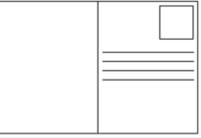
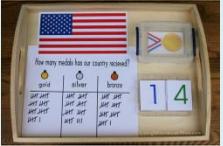
Gr. K-1 Week 4- Under the Sea

| Reading | Writing | Math | Get Moving | Arts and Activities |
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| <p>Use the following link to read about creatures under the sea https://bookflix.digital.sc/holastic.com/pair/detail/bk0133pr/book?authCtx=U.794217314 What other sea creatures do you think should be added to this book?</p> | <p>Watch the following video then draw pictures/ write captions about what creatures live on the shore and in the ocean https://watchandlearn.sc/holastic.com/videos/animals-and-plants/homes-and-habitats/ocean-of-life.html</p> | <p>Use the following link to play a “bigger or smaller” game https://www.youtube.com/watch?v=jrmUBSz0Cmg Guess which animal is bigger before the answer is revealed. Afterwards, create your own clues using different animals or objects in the sea</p> | <p>Use the following link to learn different yoga poses that match sea creatures https://www.pinkoatmeal.com/sea-themed-yoga/</p> | <p><i>Materials: crayons, watercolors, paper</i> Draw an ocean creature on a sheet of paper and color it in with crayons. Have your child press a little harder to create a layer of waxy crayon residue. Afterwards, have your child paint the whole paper with green/ blue watercolor (you can also use some water and food dye). The crayon wax repels the water color leaving a beautiful background and sea creature.</p> |
| <p>Use the following link to read about the different parts of the ocean https://www.myon.com/reader/index.html?a=how_ocean_f11 Draw a picture that shows each zone of the ocean then add a sentence that describes each zone and what creatures live there.</p> | <p>Write an opinion piece answering the question “Do you like sharks or whales better?” Some sentence starters to help answer this are:</p> <ul style="list-style-type: none"> • I like _____ better than _____. • I like _____ because _____. | <p><i>Materials: deck of cards with face cards removed (ace =1)</i> Deal 10 cards face. Player one looks for 2 or more cards that will make 10. They will remove those cards and put them to the side. Add cards from the deck to fill in the missing cards then have player 2 look for cards to make 10. Play continues until there are no cards left or no more combinations to make 10.</p> | <p>Play a game of shark and minnows. Similar to tag, one person is the shark and at least one is the minnow. In this version, when you turn a song on, the minnow has to “swim” away and try to reach safety (a designated spot on a wall, piece of furniture) without being caught by the shark. When the music stops, the minnow and shark have to freeze. This is a great game to play with a few friends or siblings.</p> |  <p><i>Materials: construction paper, scissors, glue, buttons or plastic bottle caps (Optional: crepe/ tissue paper, google eyes)</i> To create a textured under the sea drawing, begin by gathering different plastic bottle caps or buttons. These will be the bodies of the fish. Have your child glue them onto a blue piece of construction paper. Have your child add eyes/ air bubbles once the button is dry. While they are waiting for the button to dry in place, have your child cut out small tails to add to their fish. You can also add construction paper for the sand OR if you have play sand, use glue to add that to the bottom. Take tissue paper/ crepe paper to make sea plants.</p> |
| <p>Use the following link to listen to the read aloud “Clark the Shark” https://www.storylineonline.net/books/clark-the-shark/ Draw a picture and write at least one sentence to explain what the story was about.</p> | <p>Describe your favorite under the sea creature. Share what you know about this creature. You can also use https://kids.nationalgeographic.com/animals/ to learn more about them.</p> |  <p>Name _____ Under The Sea <small>Color, Count, and Graph.</small></p> <p>Print the graph sheet or create your own to have students identify the number of each different type of sea creature. For older students, have them write out the number of each sea creature (i.e. I see ___ crabs) . They can also write out the creature that had the most and the least and create comparisons using <, >, https://free4classrooms.com/free/free-kindergarten-graphing-worksheet-under-the-sea/</p> | <p>Have an under the sea dance party. As your child listens to the following songs, have them try to dance like the sea creatures featured in the videos.</p> <ul style="list-style-type: none"> • https://www.youtube.com/watch?v=nQLWJQqBm44&t=24s • https://www.youtube.com/watch?v=N_jDmVyklxI • https://www.youtube.com/watch?v=v6kRovn8YWM • https://www.youtube.com/watch?v=uG8u11WGkO8 |  <p><i>Materials: sponge pieces/ q-tips/ corks, construction paper, paint</i> Begin with a piece of blue construction paper, have your child either paint lighter color blue “waves” or cut out lighter color blue waves to glue onto the background. Next, use a blank piece of paper to stamp patterns with paint. You can use sponges, corks, q-tips or anything else that will make a fun stamp pattern/ texture. Once this dries, trace a seahorse outline and have your child cut out and add it to their ocean background. To finish, they can cut out outlines of seaweed, coral, starfish, etc from construction paper to add to their background. Listen to “Mister Seahorse” to get ideas for decorating the seahorse https://www.youtube.com/watch?v=yoqxhli4HbQ</p> |

Gr. K-1 Week 5- Camping

| Reading | Writing | Math | Get Moving | Arts and Activities |
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| <p>Use the following link to read "Katie Woo Goes Camping." https://www.myon.com/reader/index.html?a=kw_kacam_s10 What fun things happened while they were camping?</p> | <p>Would you want to go camping? Why or why not?</p> <ul style="list-style-type: none"> • I would/ would not want to go camping because..... • I think I would like..... • I do not think I would like..... | <p>Make a sidewalk chalk number line and practice counting by fives. Have your child hop or jump to the next number while counting. Then draw a number line counting by 2s below it. Talk to your child about how the number lines are different for each.</p> | <p>Get outside and go on a shape hunt. Use a sheet of paper to make boxes for different shapes. As you are walking, have your child draw pictures of what they see to match the different shapes (i.e. add a picture of a sign to the rectangle box). You can also have your child take pictures of the items and then arrange them later on a google slide or doc.</p> |  <p><i>Materials: small lego people/ action figures, etc., outdoor materials, fabric scraps, pipe cleaners, other household items, container</i> Give your child a container and the plastic figures. Tell them they are going to be creating a campout for the characters. Work together to gather different materials they can use to make this scene. Head outside to get rocks, sticks, leaves to make the scene realistic then build a campground the picture size for small toys.</p> |
| <p>Use the following link to listen to "Curious George goes Camping" https://www.youtube.com/watch?v=qZomPRJ8LhM What trouble does George get into in the story? How does he help in the end?</p> | <p>What are some fun things you can do while on a camping trip? Draw at least 3 activities and write a sentence to describe each. -If you go camping, you can.....</p> |  <p>Take a poll of friends and family to see who has ever slept in a tent. Draw your graph first and then text/ email/ call or ask to add responses. Check with a parent before calling/ texting others. Try to get at least 10 people to answer your question. For an added challenge, ask people who have never slept in a tent if they would ever want to and create a second chart that shows their answers.</p> | <p>Pitch a tent in your living room by setting up a tent that you have or building a tent from blankets, pillows, pieces of furniture, etc. Set up a place to sleep inside then check with your parents to see if you can have a campout in the living room OR have a pretend campout before going to bed. Inside the tent you can: tell stories, read a book by flashlight, make shadow puppets, etc.</p> |  <p><i>Materials: leaves, coloring items, paper</i> In this activity, go for a walk to find a few different types of leaves. Place a sheet of paper over a leaf and rub over it with a crayon to make a leaf rubbing. Test out different types of paper (parchment, wax paper, etc.) and different coloring items to see what pictures you can get from each.</p> |
| <p>Use the following link to read "The Noisy Night" https://www.myon.com/reader/index.html?a=sar_nonig_f10 Describe what happens in the beginning, middle, and end of the story using pictures/captions for each part of the story.</p> | <p>Explain to your reader how to build or pitch a tent. Use words such as "first, next, then, and last" to put the steps in order.</p> | <p><i>Materials: straw, marshmallows or cotton balls, tape measure or ruler</i> Begin by having your child estimate how far they think they can move the marshmallow by blowing through a straw. Have them look at a ruler as they are making their estimate. Record the estimate. You can also have them use a cotton ball or make an estimate for both items. Next, your child will blow through a straw to move the marshmallow/cotton ball/ both. Work together to measure the distance then compare it to the estimate. Record the data using a <,>= number sentence. Encourage your child to try a few more times using different techniques or foregoing the straw to see if that will make the object move further.</p> | <p>Learn the dance moves to groove with a beaver and moose</p> <ul style="list-style-type: none"> • https://family.gonoodle.com/activities/beaver-call • https://family.gonoodle.com/activities/great-big-moose • https://family.gonoodle.com/activities/a-moose-ta-cha |  <p><i>Materials: construction paper, scissors, glue, coloring items</i> Have your child trace their hands on different colored construction paper then depending on your child's cutting ability, have them cut out each handprint (or you can cut them). Next, trace log shapes and have your child cut them out then your child can glue the pieces onto the paper to create the campfire. Have them add their name to the log.</p> |

Gr. K-1 Week 6- Summer Olympics

| Reading | Writing | Math | Get Moving | Arts and Activities |
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| <p>Use the following link to listen to the read aloud “Frog Olympics” https://www.youtube.com/watch?v=Im-hXIYTPSg Ask your child how they think this book is similar to a real Olympics</p> | <p>Write a postcard from the Olympics. What events are you watching? What is it like being there? You can draw or have a parent draw a postcard outline on a piece of paper to get you started.</p>  | <p><i>Materials: tape measure, soft landing area</i> Practice measurement and estimating by having a long jump competition. Stretch out a tape measure and have your child look at it then estimate how far they think they can jump. They can even point to a spot on the tape measure if they are unsure about distance as feet. Write down their estimate and then have them complete 3 jumps. After each jump, mark where they landed and have them measure from the starting point then write down their distance. Afterwards, have them find the difference between their actual jumps and their estimates. You can also show them a video of the women’s long jump (2016) and compare their jump to the winner (about 23 feet) https://www.youtube.com/watch?v=XTL3CexKyRo</p> | <p><i>Materials: painters tape or scraps of wood, ribbon/ hoop</i></p> <ul style="list-style-type: none"> Set up a “balance beam using painters tape or scrap pieces of wood. Challenge your child to balance walking across, walk backwards and even create their own routines Give your child a hoop or ribbon and work together to create a simple routine Plan a floor exercise with lots of dancing, jumping, and maybe even some tumbles <p>You can check out the following Olympic gymnast clips</p> <ul style="list-style-type: none"> https://www.youtube.com/watch?v=H45SADZKshw https://www.youtube.com/watch?v=oVa4yyOVMQ8 https://www.youtube.com/watch?v=yC3zLvDs2AA |  <p><i>Materials: Salt dough (flour, salt, water), oven to bake, ribbon</i> To make the salt dough, mix 1 cup salt, 1 cup flour, and ¾ cup water. Begin by mixing the salt and flour then slowly add water until the dough is no longer sticky. Roll out the dough and cut out circular shapes using a cookie cutter or knife. Have your child decorate with numbers, letters, add glitter etc. Push a straw through the top portion to make a hole. Bake the “medals” for 2 hours at 200 degrees, flipping them halfway through. Once they are cooled, they can be decorated and a ribbon added to it.</p> |
| <p>Use the following link to read an article (this is a parent to child read) about the first Olympics. How are the Olympics different now? https://kids.nationalgeographic.com/exploring/history/first-olympics/</p> | <p>Would you rather watch the Winter Olympics or Summer Olympics? Why? Draw a picture to match your explanation.</p> |  <p><i>Materials: paper, coloring items, scissors</i> Using a plain piece of paper, draw a tally chart of different medals received for the US. You can use an actual medal count for the 2016 Olympics or just make up the tallies. On small squares of construction paper, write the numbers 0-9. Do this twice so your child can make double digit numbers. Review how to count tally markers and help your child count by fives to figure out the total. Then use the paper squares to arrange the digits and make the number.</p> | <p><i>Materials: construction paper, recyclable items, tape measure/ ruler</i> Students will be competing in a relay to build the biggest tower. Lay out different color pieces of construction paper to mark a team’s “building zone.” Gather siblings/ family/ friends and assign each team or person a color. Set up a big pile of recyclable items (boxes, cans, bottles, etc.) in the middle of the relay space with the start on one side and the building area on the other. Participants will run to the pile, grab an item, place it in their build zone and run back repeating until all materials are gone and they have built a tower. The tallest tower is the winner</p> |  <p><i>Materials: construction paper, scissors, glue</i> Draw the Olympic rings using the appropriate colors on a sheet of paper. Have your child cut small squares of matching colors out of construction paper then glue them onto the corresponding rings to create a mosaic Olympic ring picture.</p> |
| <p>Use the following link to listen to “Winners Never Quit” https://www.youtube.com/watch?v=J-feF1DKLyg How does having a good attitude make you a better player</p> | <p>Draw a picture and then describe your favorite sport in the Summer Olympics. Why is this your favorite?</p> | <p><i>Materials: broom, mop, stick, etc.</i> Measuring tape, open area Hold a javelin throwing event. Select a household item that is shaped similarly to a javelin (broom, stick, etc.). Find an open space (i.e. yard or park) and have your child throw it then measure the distance thrown. Encourage your child to alter their stance or change their grip to try to get it to go further. At the end, order the attempts from least to greatest. You can also show your child the following clip of an Olympic javelin competition https://www.youtube.com/watch?v=gFfudAXH4rc</p> | <p>Make your own backyard, park, or indoor Olympics. Gather friends or family to participate and have everyone select a different country to represent. Create different events with points (or medals) given for 1st, 2nd, and 3rd place. Some events can include</p> <ul style="list-style-type: none"> 100 meter race Ring toss (use cut paper plates / plastic bottles) Hurdles (set up household items to jump over) Hang targets to throw a ball at See how baskets you can make in a minute | <p><i>Materials: 3 buckets, sponges</i> Have a relay race to see who can fill the bucket the fastest. Fill one bucket with water then have your child and siblings/ friends family members race to see who can fill their empty bucket the fastest. Each contestant will dip their sponge in the water bucket then run to their empty bucket, squeeze out the sponge, and repeat. Continue until buckets are filled OR set a time and then measure the water in each bucket.</p> |

